

## What is karma?

A group of kids sat in front of the computer watching funny short videos. The kids were part of a class on break. The kids of the group were laughing so much and all of them were having fun. Kimmy and Kari, a set of twin girls sat watching them for a while then decided to go over and check out what they were watching. The kids laughing got them so interested.

When they got closer, they noticed that the videos were short and very funny. The first one they saw had a boy running up and pushing another boy into the water. The boy who pushed the other boy in then fell and tripped falling headfirst into the water. Everyone laughed and Kimmy and Kari found themselves laughing with the kids.

The kids looked up and asked if the girls could see the screen well enough. Kari nodded and then everyone went back to watch the rest of the funny videos.

The next video showed a man who went to a sign and hit it on one side. The sign spun around, and the other side of the sign hit the man into the face. Again the group laughed as well as Kari and Kimmy. They watched several other small videos until the main video ended.

"I really liked those video's" Stated Kimmy "What keywords did you use to find them?"

"I used small karma videos." Said a boy with red hair as he smiled at Kari.

"What is karma?", asked Kimmy.

"It's what comes around goes around." Said a girl as she turned around.

The group was called back to reality by a whistle blowing calling the group back to dance class from the hallway break they were on. The children walked in slowly. Kari and Kimmy walked together towards the end of the group.

"We are going to have to have uncle Torrence explain karma to us when he picks us up after class." Said Kimmy. Kari nodded and they both smiled then hurried up as not to be the last ones in the door.

### Activity-

- Have your child sit across from you on the chair a pretty good distance from you. Try to make sure the chair you are using for them they are able to move it easily. Tell them you are going to play the karma game.
- Explain what karma is to your child and make sure they understand it. An easy way to do it is: "Karma is a way where thoughts, words or actions that are not good causes other thoughts, words or actions bad to come back to those who originally started them. Karma can happen right away or much later. Many individual people and some complete religions believe in this. Many pagans believe this; however, not all do. There

are many ways of describing karma, some of the main ones is: what comes around goes around, you reap what you sow, and every crime has a punishment.”

- Next give them an example of Karma, one from the story is best. Then explain the bad that was done first and the bad that came back to them. Let them know that this can be thoughts and words too, not just actions.
- Let them know that in the game you will give them a situation and they will let you know if it is karma or not. If they get it right they can move their chair closer to you, if they are wrong they have to move the chair away from you. The goal of the game is for them to get right up to your chair.
- Start giving them examples, both with and without karma and having them move their chair accordingly. If you need some help to get started with karma situations, here are some you could use. Be sure to adjust them to be age appropriate (you may want to write some down in advance).

A boy kicks the back of a ladie’s chair. The boy hurts his foot kicking it.

A girl makes fun of a boy that has acne on his nose. The next week the girl has acne all over her face.

A man locks his dog that wants to go with him in the car. The dog poops on the car seat.

A lady is in front of people doing a presentation and gives untrue information. An older man in the front hackles at her and makes fun of her for forgetting. A month later the same older man is at the bank and the teller tells him he doesn’t have enough money to withdraw from his account. The man is embarrassed because he wrote too many zeros on the withdraw slip, he wanted one hundred dollars, not ten thousand dollars.

***\*Let your child know that this is a simple form of karma. Many Pagans believe in a form of Karma and work spells and other magickal works around the concept.***